



## SANDWICH AND BURGER PLATTERS

Served with roasted potatoes and house slaw, or a cup of soup

- |   |             |  |             |
|---|-------------|--|-------------|
| <b>ROASTED EGGPLANT</b>   | <b>8.95</b> | <b>MEDITERRANEAN</b>   | <b>9.50</b> |
| Dry roasted eggplant, vegan mozzarella or house almond feta, roasted red pepper sauce, spinach and grilled or raw onions on grilled ciabatta. |             | House cashew ricotta and basil pesto, sun dried tomatoes, roasted artichoke hearts, kalamata olives and spinach stuffed into a grilled ciabatta.   |             |
| <b>GRILLED CHEESE</b>   | <b>8.65</b> | <b>VEGANOPOLIS REUBEN</b>  | <b>9.50</b> |
| Vegan american or mozzarella or both, tomatoes and onion grilled to melt. Add avocado or kalamata olives .95 each.                            |             | Braised corned vegan ham, soy mozzarella, house thousand island and sauerkraut piled on rustic rye.  |             |
| <b>CANADIAN DELUXE</b>  | <b>8.65</b> | <b>PORTLAND CHEESESTEAK</b>  | <b>9.50</b> |
| Vegan canadian bacon, avocado, vegan mayonaise, lettuce and tomato on a grilled ezekeil bun or spelt english muffin.                          |             | Grilled vegan steak slices, melted soy mozzarella, peppers, onions, romaine and house vinaigrette on como, wheat, rye or ciabatta.   |             |
| <b>SMOKED BARBECUE TOFU</b>   | <b>8.65</b> | <b>QUINOA BURGER</b>   | <b>9.65</b> |
| 1/2 pound grilled organic tofu, house smoked barbecue sauce, spinach, onions and sprouts on grilled ciabatta.                                 |             | Organic quinoa, tahini, chickpeas, sweet potato and spices with vegan mayo, lettuce, tomato and onions.  |             |
| <b>OFF THE HOOK</b>   | <b>8.95</b> | <b>DEMOCRACY BURGER</b>  | <b>9.95</b> |
| Vegan high-protein breaded patty topped with vegan american cheese, house tartar sauce, tomato and romaine.                                   |             | Vegan chik'n patty with avocado, kalamata olives, almond feta, grilled onions, spinach and tomato.   |             |
| <b>TAHINI GARDEN</b>  | <b>8.95</b> | <b>BLEU CHEESE BURGER</b>  | <b>8.95</b> |
| Tahini, kalamata olives, avocado, onion, cucumbers and bell pepper on grilled como, wheat or rustic rye.                                      |             | Vegan chik'n patty grilled with scottish vegan bleu cheese, spinach, tomato and onions on a sprouted bun. Add bacon .95.   |             |
| <b>CHIK'N PESTO</b>   | <b>8.95</b> | <b>VEGANOPOLIS PESTO BURGER</b>  | <b>8.95</b> |
| Seasoned and braised soy/veg protein nuggets, house pesto, spinach, onion and rawmesan on grilled ciabatta.                                   |             | Vegan chik'n patty, house basil pesto, rawmesan, romaine, tomato and onion. Add vegan bacon or soy mozzarella .95 each.  |             |
| <b>VEGANOPOLIS CAESAR</b>   | <b>8.95</b> | <b>DELI MELT</b>   | <b>9.50</b> |
| Seasoned, braised vegan chik'n, tangy house caesar sauce, rawmesan and romaine on grilled ciabatta.   |             | Design your own vegan melt. Choose a meat: salami, ham, bacon or tofurkey; choose a cheese: american, mozzarella, bleu or cheddar; choose a sauce: mayo, dijonnaise, pesto, roasted red pepper or vinaigrette. Served with tomato, spinach or romaine, and grilled or raw onion on como, rustic rye, wheat, or ciabatta. |             |
| <b>NEW ORLEANS MUFFULETTA</b>   | <b>8.95</b> |  |             |
| Layers of vegan ham and salami, olive relish, vegan mozzarella, romaine and onion on grilled ciabatta.  |             |  |             |



## PLATTER SALADS

Add a cup of soup 1.95, add fresh avocado .95

<b>BOLSHEVIK BEET SALAD</b>	<b>8.95</b>	<b>RAW PLATTER</b>	<b>10.95</b>
Roasted beets atop organic greens, house vegan chèvre, toasted hazelnuts, cucumbers, olives, onion citrus vinaigrette and grilled bread. Add grilled tofu, raw almonds, or raw cashews 1.95.		Organic greens, and your choice of cashew ricotta, or almond feta. Avocado, organic fruit, olives, tomato, onion, cucumber, bell pepper, house flax crackers, olive oil and fresh lemon.	
<b>CHIK'N CAESAR SALAD</b>	<b>8.95</b>	<b>BLACK EYED BETTY SALAD</b>	<b>8.95</b>
Grilled vegan chick'n, house rawmesan and romaine topped with house organic caesar dressing and lemon garlic croutons.		Black eyed pea salad with bell peppers, celery, basil rice wine vinaigrette and grilled vegan bacon with grilled bread. Add avocado .95.	
<b>BLEU PEAR SALAD</b>	<b>8.95</b>	<b>GRILLED TOFU SALAD</b>	<b>8.95</b>
Organic greens, crisp pear, toasted walnuts, scottish vegan bleu cheese, onion, olives and grilled bread with balsamic vinaigrette on the side.		Organic tofu marinated in wheat-free tamari with spinach, cucumber, tomato, avocado and alfalfa sprouts. Dressed with rice vinegar.	
<b>CUSTOM CHEF'S SALAD</b>	<b>9.65</b>		
Design your own. Organic greens, avocado, olives, tomato, cucumber, bell pepper, onion, grilled bread, sliced fruit, plus a protein: grilled chik'n, ham, bacon, almond pâté, almond feta, cashew ricotta, or grilled tofu. With balsamic vinaigrette, dill ranch, herb, caesar, basil pesto, dijon or sweet rice vinegar.			

## SIDES & ADD-ONS

<b>SIDE SALAD W ORGANIC GREENS</b>	<b>4.50</b>
<b>RAW NUT PÂTÉ &amp; GREENS</b>	<b>4.50</b>
<b>MARINATED GRILLED TOFU</b>	<b>4.95</b>
<b>VEGAN SMART DOG</b>	<b>4.95</b>
<b>BIG BOWL OF HOUSE SLAW</b>	<b>1.45</b>
<b>ROASTED POTATOES OF THE DAY</b>	<b>2.95</b>
<b>SOUP À LA CARTE</b>	<b>2.65 / 4.65</b>
<b>CUP OF SOUP (W/ PLATTER SALAD)</b>	<b>1.95</b>
<b>AVOCADO</b>	<b>1.45</b>
<b>KALAMATA OLIVES</b>	<b>1.45</b>
<b>VEGAN CHEESE</b>	<b>1.45</b>
<b>VEGAN BACON</b>	<b>1.45</b>
<b>ALMONDS, WALNUTS OR CASHEWS</b>	<b>1.45</b>

## HOUSE BEVERAGES

<b>SMOOTHIE WITH VEGAN YOGURT</b>	<b>4.50</b>
<b>VEGAN SHAKE</b>	<b>4.65</b>
<b>FRESH SQUEEZED O.J.</b>	<b>1.75 / 2.95</b>
<b>ORGANIC LAVENDER LEMONADE</b>	<b>2.45</b>
<b>ORGANIC ITALIAN SODA</b>	<b>2.45</b>
<b>FRESH BREWED ICED TEA</b>	<b>1.45</b>
<b>GLASS OF SOY OR RICE MILK</b>	<b>1.45</b>

Veganopolis also offers a breakfast buffet (Mon-Fri), brunch (Sat) and breakfast sandwiches (Mon-Sat).

412 SW Fourth Ave, Portland, OR 97204  
503-226-3400 ❖ [www.veganopolis.com](http://www.veganopolis.com)